

YMCA CAMP ADAIR: ACTIVITY MANAGEMENT PLAN

Trapeze			
Activity Description	Climb the pole and stand on the top, then jump for and try to hold the Trapeze bar.		
Activity Site	Water: Camp Adair	Toilets: Camp Adair	
Instructor Requirements	<ul style="list-style-type: none"> Can manage entire group effectively Ensure a first aid kit, radio and rescue kit is readily accessible in your area Conduct pre use checks on the equipment, element, environment Continually identify, manage and disclose hazards and risks Clearly brief the group and ensure they understand their roles and can confidently perform them Ensure pre-climb checks are done, Harnesses, Karabiner, Belay Device, Helmet, Attachment Instructor to ensure all equipment is being used correctly, brief group on proper equipment care Take ladders down when not in use, during all breaks Fully induct helper into the SMS and relevant procedures and ensure they follow it The ratio may vary depending on maturity age, experience and skills of the instructor, the conditions on the day, and the activities being undertaken Instructor to be situated near Grigri's in a position where they can assist the belay team if needed and manage the rest of the group. 		Instructor Level: 2/3
Participant Competencies	<ul style="list-style-type: none"> Physically able to perform the task Psychologically able to perform the task Can understand and follow activity safety rules No current or pre-existing medical injuries that affects the client's safety 		Ratio: 1:12
Equipment	<ol style="list-style-type: none"> Harnesses Helmets Covered footwear Water First aid kit in the area Karabiners Belay Device Rescue kit in the area Ladder Long hair tied up, No jewelry Clothing appropriate for the weather conditions Radio in the area 		Weight: 120kg
Policies	Standard operating procedures, SMS, Calling a halt to an activity		
Weather Factors	Cease activity during thunder & lightning. Cease activity in winds exceeding 30 knots / 60 km p/h.		

Site Specific Hazard	Severity	Potential	Management of Hazard	Result
Group in close proximity to High Beam, Centipede and Giants Ladder	M	M	Ensure that every member in the group while activity is underway is clear that they are to stay away from the High Beam, Centipede and Giants Ladder for the duration of the session.	M
Activity Specific Hazard	Severity	Potential	Management of Hazard	Result
Belay ropes	M	H	Discuss the possible consequences of the climber holding their belay ropes when they jump or having the ropes incorrectly positioned relative to their body, e.g. under their arms.	M

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Staples	L	M	Inform clients about the possibility of the rope getting stuck on the staples and how to rectify this problem.	M
Severity & Potential:	L = Low, M = Medium, H = High	Result:	I = Isolates Hazard, M = Minimizes Hazard, E = Eliminates Hazard	

Policy Approval

Approved and Signed: _____



Position: Camp Manager Date: February 2016

Review by – August 2016

Tracking Changes

Written:	Who and When	What was Changed
	Steffen Poepjes Feb 16	New format
Amendments:	Steffen Poepjes Feb 16	<ul style="list-style-type: none"> Participant Competencies Updated Dynamic rope added Staples