

# YMCA CAMP ADAIR: ACTIVITY MANAGEMENT PLAN

Confidence Course			
<b>Activity</b>	Team activity to get around a course of 12 physical challenges in the mud.		
<b>Activity Description</b>	Team activity to get around a course of 12 physical challenges in the mud.		
<b>Activity Site</b>	<b>Water:</b> Camp Adair	<b>Toilets:</b> Camp Adair	
<b>Instructor Requirements</b>	<ul style="list-style-type: none"> <li>Can manage entire group effectively</li> <li>Ensure a first aid kit, radio and rescue kit is readily accessible in your area</li> <li>Conduct pre use checks on the equipment, element, environment</li> <li>Continually identify, manage and disclose hazards and risks</li> <li>Clearly brief the group and ensure they understand their roles and can confidently perform them</li> <li>Ensure correct clothing is worn</li> </ul>		Instructor Level:  <b>1</b>
<b>Participant Competencies</b>	<ul style="list-style-type: none"> <li>Physically able to perform the task</li> <li>Psychologically able to perform the task</li> <li>Can understand and follow activity safety rules</li> <li>No current or pre-existing medical injuries that effects the client's safety</li> </ul>		Ratio:  <b>1:12</b>
<b>Equipment</b>	<ol style="list-style-type: none"> <li>Covered footwear</li> <li>Water</li> <li>Clothes to get wet and muddy in</li> <li>First aid kit</li> <li>Radio</li> </ol>		Weight:  <b>N/A</b>
<b>Policies</b>	Standard operating procedures, SMS, Calling a halt to an activity		
<b>Weather Factors</b>	This activity can be run in all weather conditions		

Site Specific Hazard	Severity	Potential	Management of Hazard	Result
Drowning	H	H	Ensure that group members are aware of water depth before entering.	M
Children in close proximity to Super Fox	M	H	Ensure that every member in the group while activity is underway is clear that they are to stay away from the Super Fox for the duration of the session.	M
Slippery apparatus and ground	M	M	Ensure that clients are aware of the slippery surfaces and are capable of ensuring their own safety.	M
Activity Specific Hazard	Severity	Potential	Management of Hazard	Result
Client falling off apparatus	M	M	Ensure correct spotting technique is carried out on activities where the client goes above shoulder height. Brief correct dismounts for the wall.	M
Spotters	M	M	Ensure spotters are correctly briefed on their responsibilities i.e. to protect the climber from injuring their back, neck and head.	M
Rope swing	M	M	Participants are not to run and jump for the rope it must be handed to them or they must find a way to get it themselves.	E
<b>Severity &amp; Potential:</b>	<b>Result:</b> L = Low, M = Medium, H = High			<b>Result:</b> I = Isolates Hazard, M = Minimizes Hazard, E = Eliminates Hazard

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## Policy Approval

Approved and Signed: \_\_\_\_\_



Position: Camp Manager Date: February 2016

Review by – August 2016

## Tracking Changes

	Who and When	What was Changed
<b>Written:</b>	Steffen Poepjes Feb 16	New format
<b>Amendments:</b>	Steffen Poepjes Feb 16	Participant Competencies Updated