



YMCA Camp Adair

Activity Management Plan



Burma Trail				
Activity Description	Sensory Maze			
Activity Site	Burma Trail	Camp Adair	Camp Adair	
Instructor Requirements	<ul style="list-style-type: none"> Ensure a first aid kit, radio and rescue kit is readily accessible in your area Conduct pre use checks on the equipment, element, environment Continually identify, manage and disclose hazards and risks Clearly brief the group and ensure they understand their roles and can confidently perform them Instructor to ensure all equipment is being used correctly, brief group on proper equipment care Fully induct helper into the SMS and relevant procedures and ensure they follow it Physically able to perform the task Psychologically able to perform the task Can understand and follow activity safety rules No current or pre-existing medical injuries that effects the client's safety 	<p>Instructor Level:</p> <p>1</p>		
Participant Competencies	<ul style="list-style-type: none"> 1. First aid kit 2. Covered Shoes 3. Water 4. Appropriate clothing 5. Flash lights/Head lamps 6. Blind folds 		Ratio: 1:25	
Equipment	Standard operating procedures. SMS. Calling a halt to an activity		Weight: N/A	
Policies	If outside Cease activity during thunder & lightning and wait for 30min. Cease activity in winds exceeding 30 knots / 60 km p/h.			
Weather Factors				
Site Specific Hazard	Severity	Potential	Management of Hazard	Result
Uneven Track	M	M	Brief group about hazard before activity and when approaching hazard during activity, have participants carry flash lights or paired up with someone who does	M
Steps	H	M	Brief group about hazard before activity and when approaching hazard during activity	M
Narrow track	M	M	Brief group about hazard before activity and when approaching hazard during activity	M
Swing bridge	L	L	Ensure group follows 10 person maximum rule on bridge	M
Activity Specific Hazard	Severity	Potential	Management of Hazard	Result
Separated from group	H	L	Get group to create a number off system and stop regularly while on trail and number off	M
Bumping into Objects	M	M	Brief group about hazard beforehand. Instruct participants to keep one hand in front of them while on Burma trail so they can identify objects	M
Limited sight	M	M	Have head lamps and flash lights available	M
Severity & Potential:	L = Low, M = Medium, H = High			Result: I = Isolates Hazard, M = Minimizes Hazard, E = Eliminates Hazard

YMCA CAMP ADAIR: ACTIVITY MANAGEMENT PLAN

Policy Approval

Approved and Signed: _____



Position: Camp Manager Date: February 2016

Review by – August 2016

Tracking Changes

	Who and When	What was Changed
Written:	Steffen Poepjes Feb 16	New format
Amendments:		