

# EQUIPMENT LIST



**Packed-lunch and morning-tea and a drink for the first day**

**1-2 Pairs of trousers or track-pants**

**2-3 Pairs of shorts (Old ones are best)**

**2 Pairs of sports-shoes or sneakers (Old ones are best)**

**3 Pairs of socks**

**2-3 T-shirts**

**2 Warm jumpers or sweatshirts**

**2-3 changes of underclothes**

**1 Waterproof parka or raincoat**

**Pyjamas**

**Hat or cap**

**Swimming togs**

**2 towels**

**Sleeping-bag and pillow**

**2 tea-towels**

**Plate, bowl, cup, knife, fork, spoon**

**Torch (Optional)**

**4 Plastic bags for dirty shoes and clothes**

**6 Clothes-pegs**

**Camp diary**

**Pencil-case with pens and pencils**

**1 Packet of biscuits or home-baked cookies**

**Books or a game for "Quiet-time"**

**Small box of tissues**

**Toiletries:** soap, toothbrush and toothpaste, hairbrush or comb, sunscreen, insect repellent (optional)

**Personal medication (Asthma inhaler etc.)**

Please try to name as many of your items as is possible.

**Note: Parents coming to camp should bring lunch for the first day.**

**Tea and coffee will be available**